

# Elder Safe Community Card Project

While the winter season is a time of joy and celebration, many older people living alone find these days particularly difficult. Seclusion negatively impacts the mental health and wellness of many in our community, including older adults. **Please help bring joy to some of our neighbors by sending a bit of cheer this winter.** The Washington County Sheriff's Office Elder Safe Program and Washington County Cooperative Library Services invite community members to decorate a card, add a note of goodwill, and send it to the below address for distribution to isolated older adults in our community.

## MAIL CARDS TO:

Library Mail Service  
111 NE Lincoln St, MS-58A  
Hillsboro, OR 97124

## Instructions:

Personalize the attached community card, write a letter or draw a picture on the inside, and send it to an isolated older adult through Washington County Library Mail Service as listed above.

Please follow these tips/guidelines:

1. Print the attached card, decorate, fold on the dotted line, and add a personalized message/picture inside.
2. Please do not include any personal information beyond a first name only.
3. Children artists are welcome to include their age if desired.
4. Content ideas can include your favorite things, what makes you happy, or what community means to you.
5. Or, you can draw a picture and give it a title or write a story about it.
6. Write BIG and legibly and try to use the full space.
7. Use a sponge or wet towel to seal envelopes.

**Submissions accepted and distributed December 1, 2022 through January 31, 2023**

To learn more about the Washington County Sheriff's Office Elder Safe Program, visit: [washingtoncountyor.gov/sheriff/safety-programs#elder-safe](https://www.washingtoncountyor.gov/sheriff/safety-programs#elder-safe)

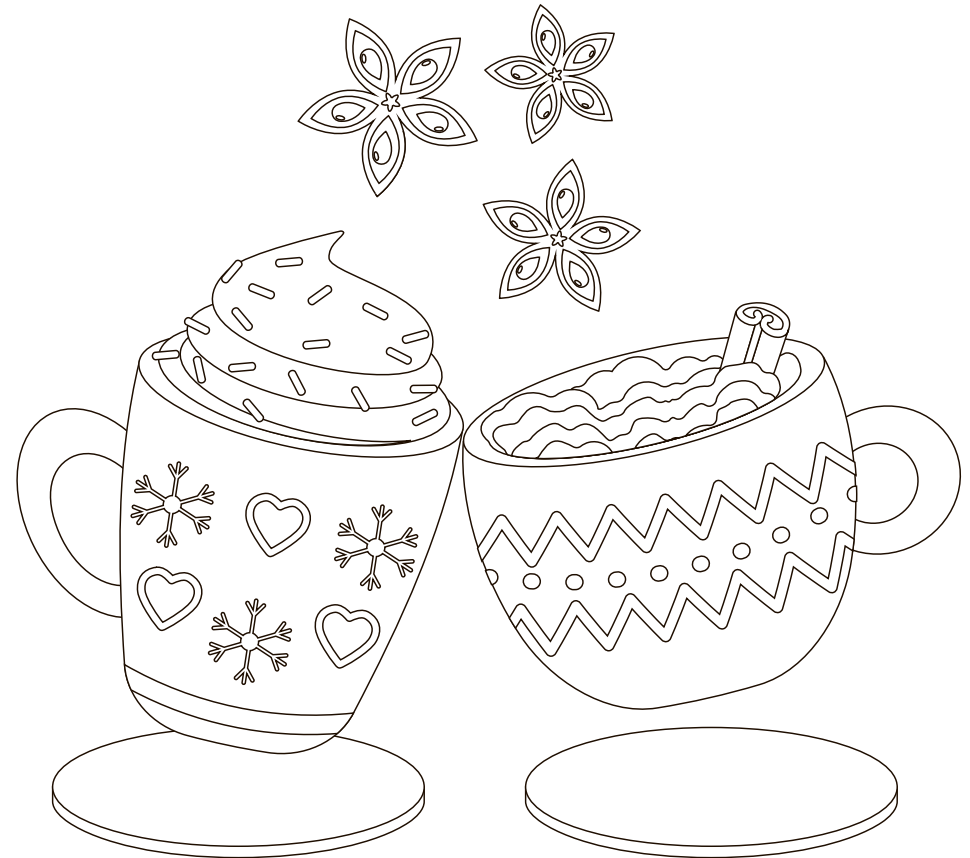
To learn more about Washington County Library Mail Service or how to sign up, visit: [wccls.org/librarymailservice](https://www.wccls.org/librarymailservice)

Questions can be directed to Sheriff's Office Elder Safe Specialist Tabitha Alkire at [Tabitha\\_Alkire@washingtoncountyor.gov](mailto:Tabitha_Alkire@washingtoncountyor.gov) or 503-846-6048.

In collaboration with Washington County Writes and the following partners:



This card is a **GIFT TO YOU**  
from someone in your community!



*Warm Wishes*

In collaboration with Washington County Writes  
and the following partners:



**Washington County**  
Cooperative Library Services

**SHERIFF**  
WASHINGTON COUNTY



Thoughtfully crafted by: \_\_\_\_\_