




# Opioid and Addiction Program Updates

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## Overview

- Addiction
- Connection to suicide and gambling
- Opioid data trends
- Washington County Addictions Workgroup (WCAW) strategic plan and impact
- Addictions resources



2

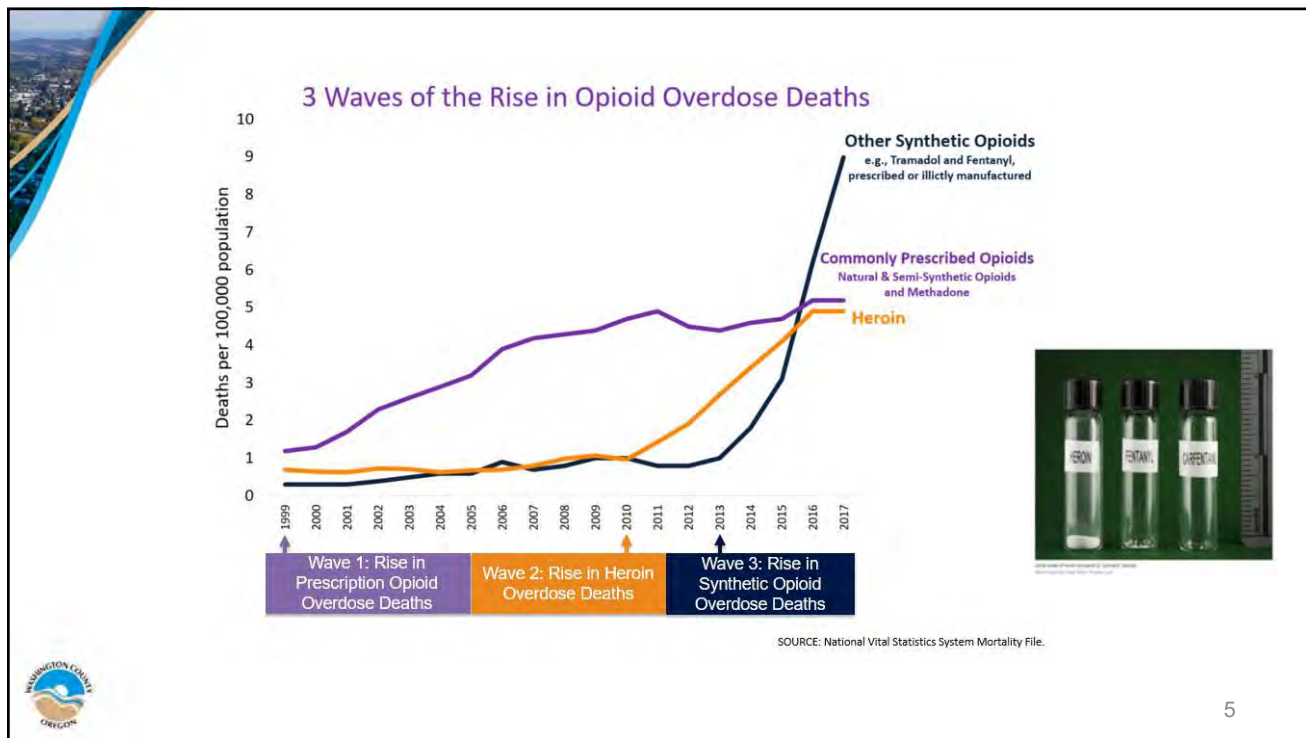


## Substance use, gambling and suicide

- ▶ 38% - AUD
- ▶ 20% - SUD
- ▶ 41% were socially isolated
- ▶ 29% had healthcare contact within 2 weeks of their death. 42% within 30 days.
- ▶ 38% were in treatment for mental health issues or SUDs at time of death.
- ▶ 25% - in treatment for GD experience suicidal ideation. (Moore 2016)



Sources: Washington County RAID Team. 2017; Moore 2016



## Washington County OD Data

- ▶ Heroin and/or fentanyl increased by about 3 times since 2016 and caused more deaths than pharmaceutical opioids.
- ▶ **27 people** died from an opioid overdose in 2018
- ▶ **12 people** died from a Fentanyl overdose in 2018
- ▶ Poly-substance and Amphetamine deaths exceeded Opioid deaths in 2018.



## Washington County Addictions Workgroup (WCAW) Strategic Plan and Impact

### Mission Statement:

To decrease the misuse and harms from drugs by coordinating the efforts of public health, medical, behavioral health, payer, criminal justice, and patient communities.

Medication Disposal and Storage

Medical Provider Outreach

Harm Reduction

Substance Use Disorder  
Treatment Services

Pain Care

Prevention, Awareness and  
Education



7

## Drug Takeback Policy

- Increase access to proper disposal resources to reduce availability of unused prescription drugs that can lead to abuse and accidental poisonings, and contaminate our waterways.
- Washington County drug takeback ordinance 848 passed on May 7, 2019. **First county in Oregon to pass an ordinance for drug takeback.**
- Oregon statewide drug takeback legislation, HB 3273, passed. Effective September 29, 2019.



8

## Medication Assisted Treatment (MAT) in Primary Care and the Jail

- Educate and support community medical providers about MAT through collaboration and trainings.
- Support the jail and NaphCare staff in utilizing MAT for Washington County inmates.
  - Continuation of MAT for inmates started June 2019.



9

## Overdose Prevention with Naloxone

- Washington County distributed 167 naloxone kits to substance use disorder treatment providers in 2019.
- Washington County distributed 582 naloxone kits to persons at highest risk of opioid overdose through our jail and Community Corrections.



10

# Community Opioid Response Team

- Specialized Opioid Team within Parole and Probation began July 2018
- Goal: Decrease recidivism and overdose.
- Provides specialized wraparound support to highest risk opioid users.
  - Includes care coordination, mentoring support and connection to resources.
- Successes:
  - Increased individuals utilization of MAT to 80%
  - Distribution of 198 naloxone kits in 2019



# Patient Education Toolkit Outreach Campaign

Educates patients on how they can improve their health and manage their pain better through physical activity, sleep, nutrition, mood and reduced opioid use.

[PainEducationToolkit.com](http://PainEducationToolkit.com)



## Substance Use Prevention Collaborative

- Reduce youth use of alcohol, tobacco, other drugs and gambling through
  - Changing policy and environments
  - Education of the community and collaboration
  - Empowering youth and young adults to make safe, healthy and legal choices
- Participants include schools, community-based organizations, law enforcement, physical and behavioral health, social services and cities



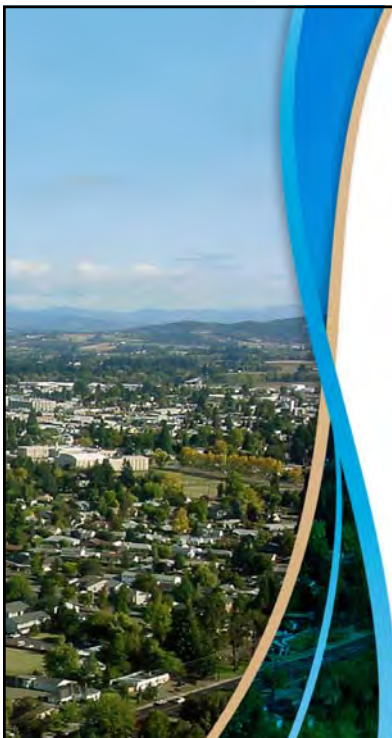
## Additional Resources



**Hawthorn**  
**WALK-IN CENTER**  
 Mental Health & Addictions Care

- O'Rourke Recovery Drop-In Center 362 SW Oak St., Hillsboro
- Washington County Crisis Line 503-291-9111
- Alcohol and Drug 503-244-1312
- Suicide Prevention Lifeline (Local Lines for Life) 1-800-273-TALK
- Gambling Treatment 1-877-695-4648
- Tri-County Opioid Safety Coalition Website <https://www.tricountyopioidsafety.org/>
- Healthier Together Storyboard Washington County, Oregon [www.HealthierTogetherWashingtonCounty.com](http://www.HealthierTogetherWashingtonCounty.com)





# Opioid and Addictions Program Updates

# Thank you

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