



## **Bridges to Change Tri-County Outreach Team**

Bridges to Change is excited to announce our partnership with CareOregon to launch the Tri-County Outreach Team! The Outreach Team aims to reduce barriers to accessing care and increase overall community health and wellness for those experiencing intensive support needs by utilizing community-based services, harm-reduction approaches, and connections to caring providers.

### **Scope of Work:**

The Bridges to Change Outreach Team will serve Multnomah, Clackamas, and Washington counties, with 105 community members served per month in each county. The team consists of 9 peer support specialists, 3 behavioral health therapists, and a program manager. The team will meet daily to plan ways to best support and triage community member needs, reduce access to barriers, and increase opportunities for wellness, recovery, and necessary resources provided in a cultural and gender-responsive manner. The team will offer intensive community case-management, peer support, and behavioral health services to community members in the tri-county area who experience severe and chronic barriers to accessing services and navigating systems of care.

The Bridges to Change Outreach Team will operate two outreach vans equipped with basic first aid supplies, camping and/or outdoor living equipment, running water, and food supplies. The vans and outreach team members will be navigating the tri-county area to address support needs of community members with Telehealth service supports, and peer and behavioral health services.

The Outreach Team will utilize Telehealth services to connect community members to medical providers, and will utilize real-time emergency room data to get updates from medical providers about program participants who need support.

There are three stages of programming offered by the Outreach Team: Outreach, Engagement, and After/Ongoing Care. The stages are not consecutive and individuals can enter programming at whatever stage works best for them. Additionally, community members can access outreach services and not enter into any program stage. Programming offers more intensive and consistent peer support based on the participants self-directed wellness plan.

In the Outreach stage, participants are supported in their chosen location with access to resources and peer support on an outreach basis. The Engagement stage offers self-directed peer support, access to resources, and behavioral health services. In the After/Ongoing Care stage, individuals are supported at the rate and frequency of their choice, and may wish to have reduced contact with the Outreach Team.

### **Who can access outreach services?**

Anyone can access outreach services in the Tri-County area!

The Outreach Team will work hard to support community members who experience significant barriers to accessing care and supports they want and need. Bridges to Change will not only be working with community members living on the streets, but will serve community members who need and want access to care that may not be available in their community, or in the location they wish to access.

### **Community Access & Referrals:**



The community and our referring partners will be able to access the Outreach program beginning on July 15th, 2020 by contacting:

- Outreach Line at 971-246-7065
- Emailing [OutreachTeam@bridgestochange.com](mailto:OutreachTeam@bridgestochange.com)
- Contacting the program manager Virginia Rasmussen directly at:
  - 971-386-3433
  - [virginia@bridgestochange.com](mailto:virginia@bridgestochange.com)



**BRIDGES**  
*to change*

*Creating Hope Through Community*  
*Job Search Log*

## **BTC Outreach Referral form**

Client name: \_\_\_\_\_ Date of referral: \_\_\_\_\_

Address: \_\_\_\_\_

Contact #: \_\_\_\_\_ Email: \_\_\_\_\_

DOB: \_\_\_\_\_ OHP#: \_\_\_\_\_

Referral source name: \_\_\_\_\_

Contact #: \_\_\_\_\_ Email: \_\_\_\_\_

Reason for referral?

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Additional comments please:

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To complete this referral please email this form to: [outreachreferrals@bridgestochange.com](mailto:outreachreferrals@bridgestochange.com)

You can also call in for referrals 971-246-7065

Questions? [virginia@bridgestochange.co](mailto:virginia@bridgestochange.co)