

# Aging and People with Disabilities

Long Term Care Services and Supports

## Services offered by APD

- SNAP (Supplemental Nutrition Assistance Program)
- Medicaid (Different types of medical insurance)
- Long Term Care Services
  - State Plan Personal Care
  - In Home care
  - Assisted Living Facility Care
  - Adult Foster Home Care
  - Residential Care Facilities
  - Nursing Facility Care

## Supplemental Nutrition Assistance

- SNAP is available to Oregonians that financially qualify for the program.
- Having SNAP can also make an Oregonian eligible for assistance with their cell phone through the Oregon Telephone Assistance Program
- In some counties (including Washington County) Oregonians can spend their SNAP benefits like cash if they are over the age of 65 or receive Supplemental Social Security Income.
- Senior Farm Direct: Vouchers to be used at local farmer's markets can be requested yearly by our aged population (over 65) who are receiving SNAP benefits.

## Medicaid Medical Assistance

- Oregon Supplemental Income Program
  - Income at or under the SSI standard
  - Exceptions for those receiving Long Term Care Services
- MAGI Medical (Affordable Care Act)
  - Usually not an APD medical program, you do not qualify if you are over 65 or have Medicare.
- Medicare Savings Programs
  - Depending on how you qualify the state may pay for your Medicare premiums partially, fully, or allow you a deduction for them if you are on Long Term Care Services.

## Long Term Care Services

- Title XIX Benefits
  - Nursing Facility Level of Care
  - Monthly Contact from your Case Manager
  - Yearly assessments to continue to determine eligibility
  - Case coordination to ensure appropriate placement and care

## Long Term Care Services

- State Plan Personal Care Service
  - 20 hours per month of personal care supportive services when someone does not qualify for Title XIX benefits but has some specific needs in areas like personal care, nutrition, and medication management.

# Functional Needs Assessment CA/PS

- The CA/PS assessment is a functional needs assessment used to determine eligibility for LTC services.
- The Oregonian must meet certain criteria (nursing facility level of care) in order to qualify. This is called a Service Priority level and the Oregonian must be between SPL 1 and 13 to qualify
- Depending on the Oregonians care needs and placement choice, payment and/or in home care hours are determined by the CA/PS system.
- We can request exceptions if the Oregonian has needs not addressed in the CA/PS calculated hours or payment rate in specific situations.

## Placement Options

- In Home Care
  - Best suited for the Oregonian that can cognitively manage their own care or has a representative that will do that for them.
  - A caregiver or In Home Care Agency can come into the home and provide the needed care.
  - Natural supports (family/ friends) can often play a big role in the success of these plans
  - Electronic assistance can also be helpful such as LifeLine and medication reminder technology

## Placement Options

- **Adult Foster Homes**
  - A home with a live in provider consisting of 5 or less residents.
  - A home like atmosphere in a neighborhood generally where the resident has the privacy of their own room.
  - Generally considered less “institutional” than some other settings

## Placement Options

- **Assisted Living Facility**
  - 24 hour caregivers
  - Usually studio apartments for Medicaid consumers
  - All medications, housekeeping, meals, laundry provided by facility staff
  - Range in size from relatively small to very large communities

## Placement Options

- Residential Care Facilities
  - Generally Memory Care facilities
  - Specialized in caring for Oregonians experiencing Dementia or Alzheimers
  - Locked facilities

## Placement Options

- Nursing Facilities
  - Usually considered the highest level of care
  - Nurses on staff as well as PT
  - Can receive skilled nursing care in these facilities

# Questions?

## Contact Information:

Erica White

971-217-5251

[erica.m.white@dhsosha.state.or.us](mailto:erica.m.white@dhsosha.state.or.us)