







COMMUNITY PARTNER GUIDE

WHAT IS WIC

Short for Women, Infants, and Children (WIC), this program gives families the **services**, **support**, **and education** they need to eat right, have a healthy pregnancy, breastfeed successfully, and raise thriving kids.

WHO QUALIFIES

- Pregnant or breastfeeding people
- Infants & kids up to their 5th birthday
- Foster children
- Have lost a pregnancy recently
- · Have had a baby in the last six months

INCOME ELIGIBILITY

*Gross Household Income

Number of persons in household	Monthly	Weekly
1	\$1,986	\$459
2	\$2,686	\$620
3	\$3,386	\$782
4	\$4,086	\$943
5	\$4,786	\$1,105
6	\$5,486	\$1,266

^{*}Income guidelines update each year in May

A pregnant person's household is increased by the number of infants they are expecting.

WIC BENEFITS

Benefits are loaded onto an eWIC card



They can be checked using the WIC Shopper App



FARMERS MARKET CHECKS

During summer,
additional
benefits are
available while
supplies last





^{*}OHP, SNAP, TANF recipients automatically qualify