

# Washington County Addictions Workgroup (WCAW)

## PHAC Presentation

April 13, 5:30-7:30 PM

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**WASHINGTON COUNTY**  
**OREGON**

Department of Health and Human Services

# Overview



Substance Use Data and Trends

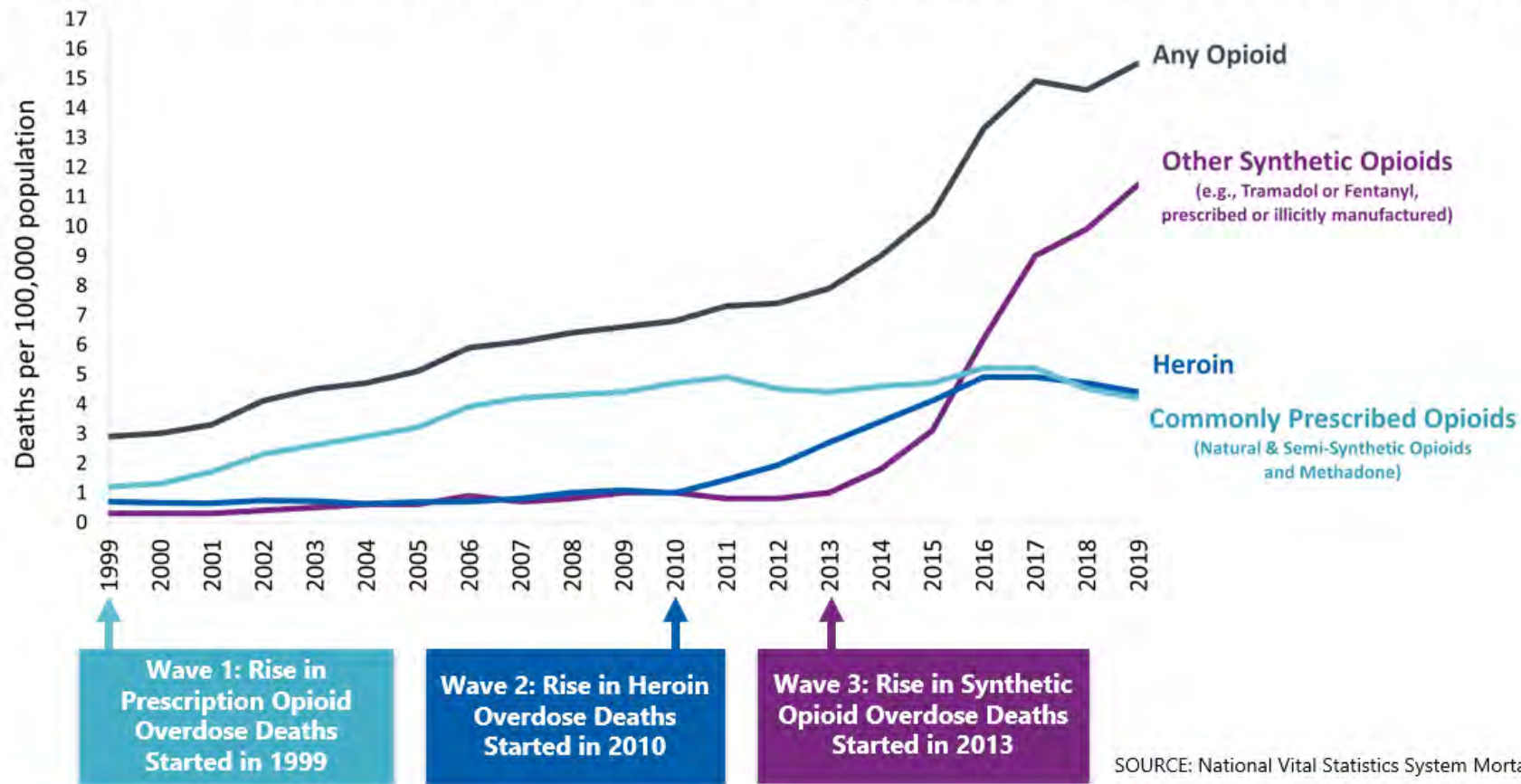


COVID-19 Impacts



Initiatives and the CATT

# Three Waves of the Rise in Opioid Overdose Deaths



SOURCE: National Vital Statistics System Mortality File.



Oregon ranked 4<sup>th</sup> in the nation for substance use disorders.



Oregon ranked 4th for needing, but not receiving treatment for substance use disorders.



Addiction costs Oregonians \$5.9 billion annually.

# Tri-County Opioid Overdose Fatalities

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More than 3 people a week died from opioid overdose in 2018.

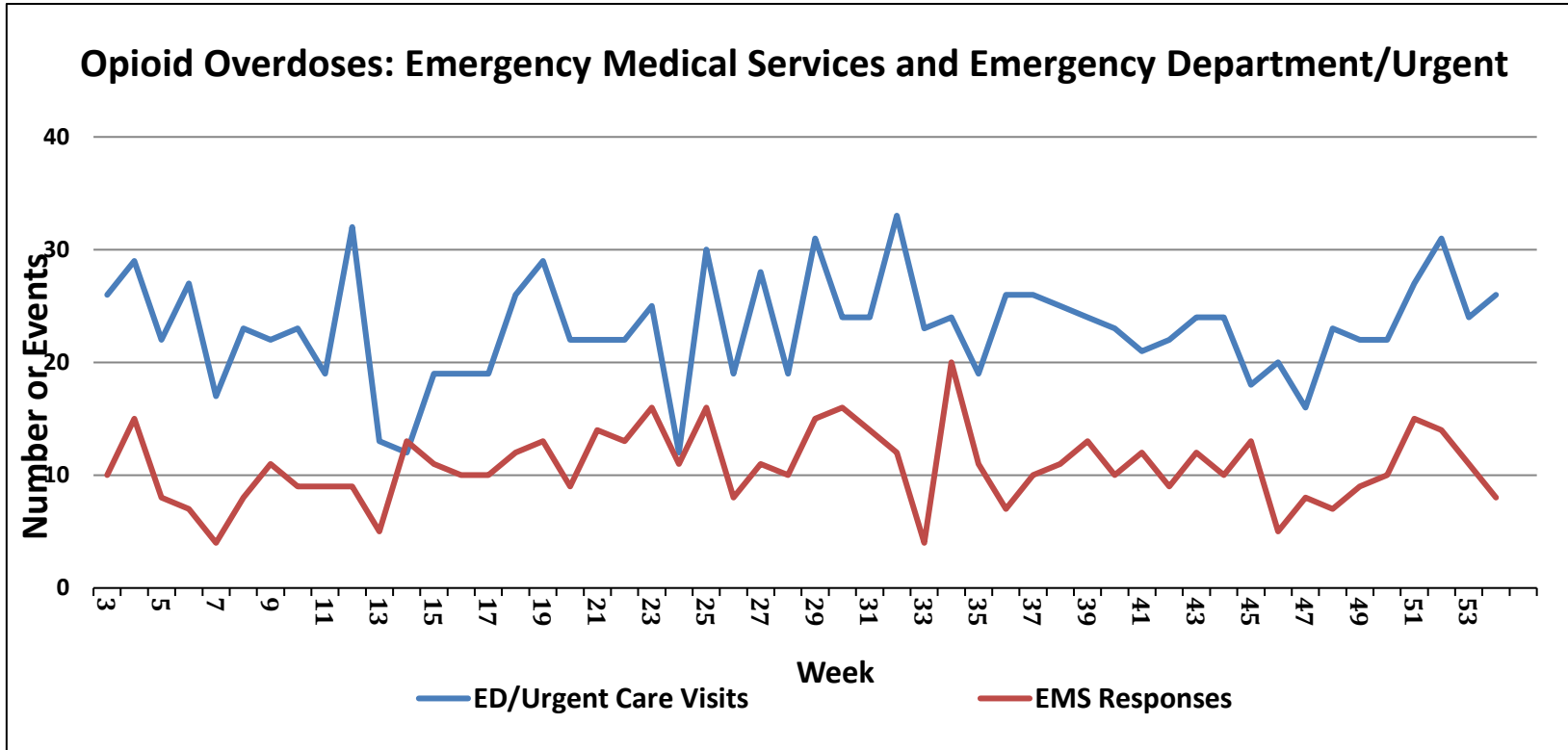


Heroin and/or fentanyl deaths increased by about 3 times since 2016.

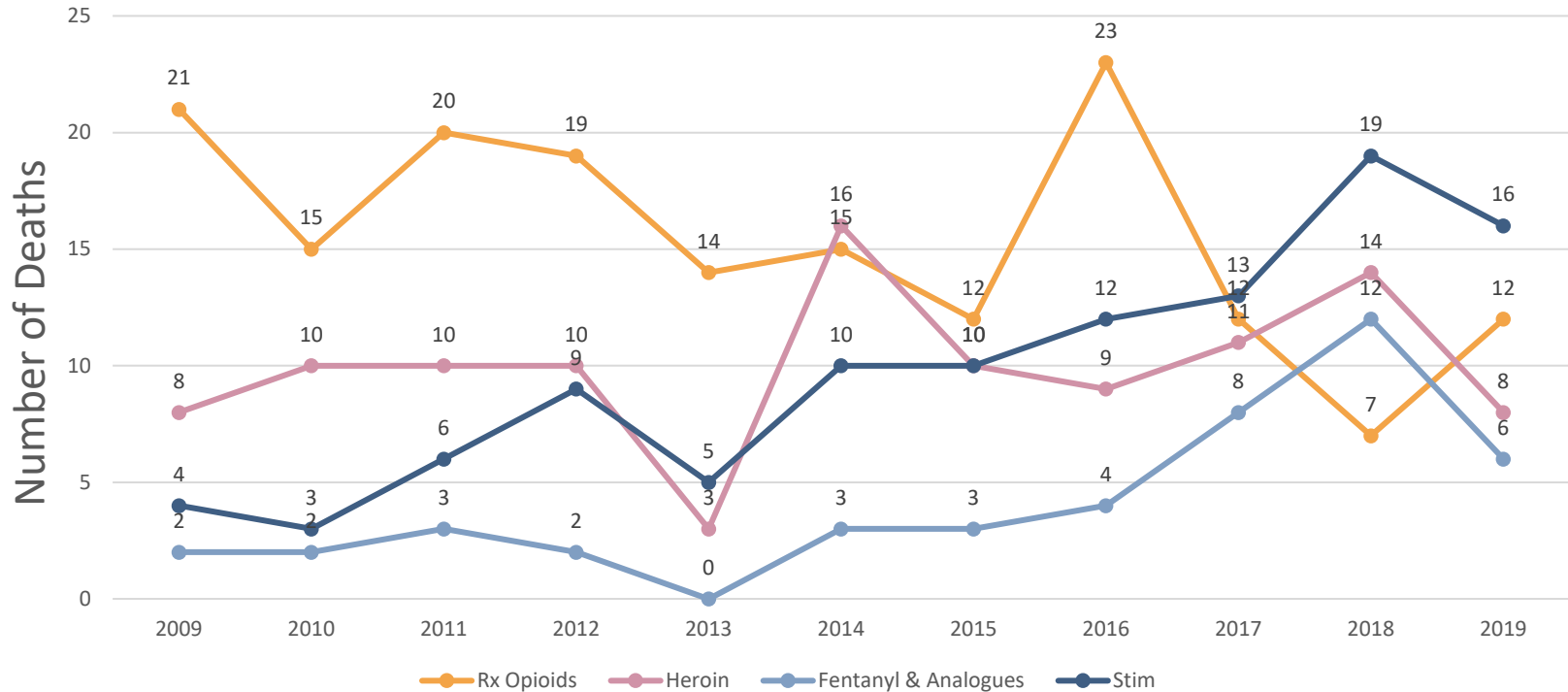


12 people died from a fentanyl overdose in 2018.

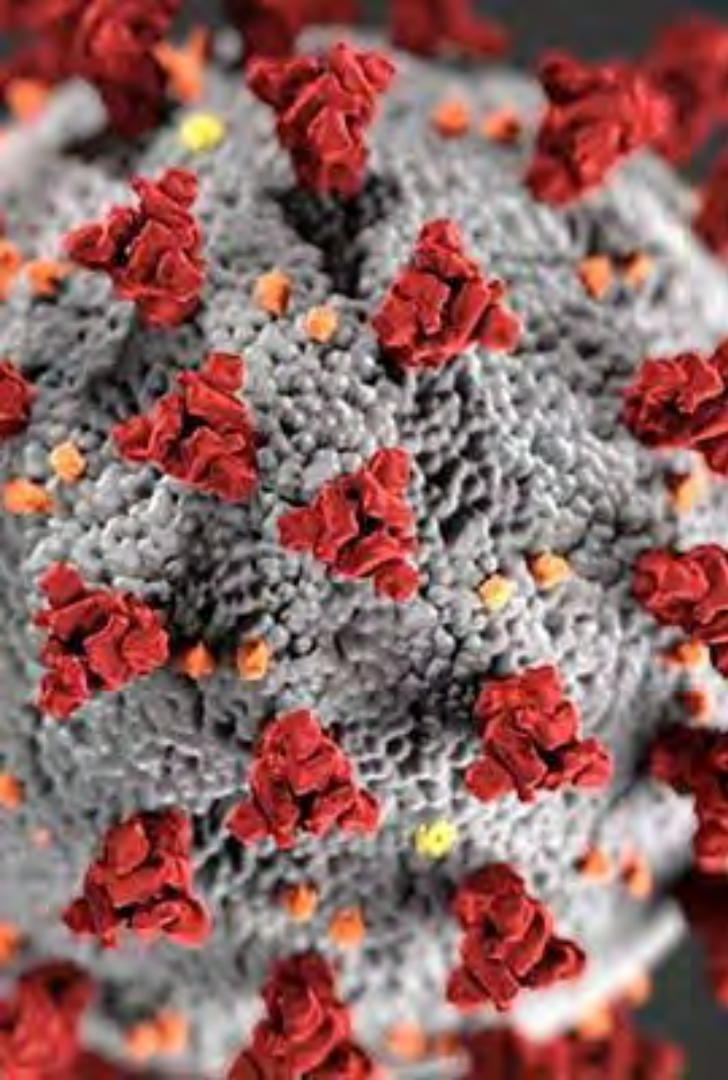
# Tri-County Opioid Non-Fatal Overdoses



## Washington County Drug-Related Deaths (Count) - Medical Examiner (Accidental & Suicides) 2009-2019



Source: Oregon Health Authority, Public Health Division, Opioid Data Dashboard, Medical Examiner Data



## COVID-19 Impacts on People with Substance Use Disorders

- More susceptible to COVID (NIDA)
- Nearly 70% increase in all Oregon drug overdose deaths from 4-5/2019 to 4-5/2020 (mainly opioids and meth). (SUDORS)
- Between the 1<sup>st</sup> and 2<sup>nd</sup> quarter of 2020, OD deaths in Oregon involving:
  - Fentanyl **increased 92%**
    - Cocaine **increased 57%**
      - Amphetamine **increased 37%**
        - Heroin **increased 9%**



# Regional Alert Due to an Increase in Fatal and Non-Fatal OD's

Regional health departments have identified a possible sustained increase in overdoses, particularly involving fentanyl and/or methamphetamines. We are advising people who use drugs to take additional precautions to reduce risk of overdose.

Status	Definition	Primary Activity
Green	<b>Stable:</b> Stable rates of opioid overdose based on routine surveillance data.	Monitor
Yellow	<b>Potential or Suspected Increase:</b> Multiple data sources suggest potential increase.	Investigate and Prepare
Red	<b>Confirmed Increase:</b> Increase in number of overdoses corroborated by multiple data sources or additional confirmatory evidence is available.	Active Response

## OVERDOSE ALERT )))

Serious drug overdoses are happening in your community. Abstaining from drug use is the best way to eliminate risk of overdose. Even people who haven't used in a while may relapse and are at increased risk of overdose.

### Reduce your risk of overdose:

- **KNOW YOUR TOLERANCE**  
Even if you have a high tolerance, you can still overdose. Tolerance levels drop rapidly during any break in drug use.
- **GO SLOW**  
Always do a test shot when using a new supply. Always go slow, especially after any break from using (jail, detox, etc.).
- **BE CAREFUL WHEN MIXING DRUGS**  
Opioids, alcohol and benzodiazepines (Xanax, Valium, etc.) all slow down breathing. Mixing these increases overdose risk.
- **HAVE AN OVERDOSE PLAN**  
Make sure someone can get to you when you use. It is safest to only use when you are with someone else.
- **CARRY NALOXONE**  
Naloxone reverses the effects of opioid overdose. It is legal to carry and administer naloxone in Oregon.

**IF YOU THINK SOMEONE IS EXPERIENCING AN OVERDOSE, DIAL 911 IMMEDIATELY.**



# Overdose Prevention with Naloxone



- HHS distributed 2,764 naloxone doses to criminal justice partners
- 125 community partners trained
- 79 lives saved



The Addictions Program provided \$32,000 to three SUD provider agencies for naloxone distribution in the 2019-2020 FY.



## Drug Takeback Policy

- Washington County drug takeback ordinance 848 passed on May 7, 2019
- Increase access to proper disposal resources
- Oregon statewide drug takeback legislation, HB 3273, passed. Effective September 29, 2019.
- State Drug Take-Back programs will begin July 1<sup>st</sup>, 2021.



# Medication Assisted Treatment (MAT) and Resources for Adults in Custody



The Washington County Jail MAT Collaborative began October 2018 to help expand MAT services



June of 2019, the Washington County jail staff began continuing Buprenorphine treatment for adults in custody



# Center for Addictions Triage and Treatment

Washington County

Collaboratively developed, comprehensive, and co-located substance use treatment center with multiple levels of care



Rapid (24/7) access



Peer mentors in every service area



Lead with race and equity

# Service Needs

Service	Current availability within County*	Recommended **	Deviation from Recommended
Sobering Beds	0	No National Data	N/A
Detox Beds	0	37	100%
Men's Residential	13	112	88%
Women's Residential	15	74	80%

*\*Does not include inpatient care or in-custody treatment services provided by local hospitals or the jail*

*\*\*National Survey of Substance Abuse Treatment Services (2015), SAMHSA*

# Learning From Others

- **Buckley Sobering**, Eugene, OR
- **Central City Concern**, Portland, OR
- **Lifeline Connections**, Vancouver, WA
- **National Sobering Collaborative**, San Francisco, CA
- **Onsite**, Vancouver, BC
- **Restoration Center**, San Antonio, TX
  
- **Steering Committee**
- **Program Development Work Group**
  
- **12 Focus Groups** (People with lived experience, culturally specific communities)





## CATT BUILDING BLOCKS

The Building Blocks establish foundational guidance for the planning and potential development of the Center for Addictions Triage and Treatment. They were developed in 2020 by stakeholders from the project's Program Development Work Group and Leadership Team.

### ACCESSIBILITY

#### Core Value

Timely and on-going access to services is critical to the recovery journey of any Washington County resident.

#### Objectives

- Prioritize rapid access to SUD services
- Provide seamless entry into CATT from hospitals, the justice system and other key referral sources
- Work to significantly reduce barriers to care
- Ensure priority services are available on a 24/7 basis
- Strive for no wrong door, with multiple avenues to enter services at CATT

### SERVICES

#### Core Value

We believe that people can recover. Through partnerships and community connections, our services are comprehensive, coordinated and founded on evidence-based practices.

#### Objectives

- Ensure services are culturally responsive and supportive of all community members
- Actively engage community partners in all aspects of program development and planning
- Integrate and coordinate SUD treatment with mental health treatment
- Use a model where peers are active and integrated in all components of the program
- Coordinate care across service systems
- Place a high value on natural supports (i.e. family, friends, community) and engage wherever possible
- Ensure that the program is a viable alternative to jail for non-violent offenders
- Ensure that a harm-reduction approach is prevalent throughout the service array

### CLIENT EXPERIENCE

#### Core Value

Services are driven by the individual and are rooted in dignity, respect, safety, client-choice and timely access.

#### Objectives

- Focus services on meeting clients' self-stated goals with a philosophy of hope and resiliency
- Provide services that are responsive and welcoming to a diverse community
- Ensure the presence of staff that reflect the diversity of the individuals served
- Ensure a life experience perspective is present by integrating peers into all components of care
- Implement seamless transitions through services
- Establish the Center using trauma informed care principles

### FACILITY

#### Core Value

Design a welcoming and inclusive environment that allows services to be provided in a manner that is safe, comfortable and effective.

#### Objectives

- Locate close to public transportation
- Design space with flexibility in mind to accommodate changes in services and community need over time
- Build for long-term growth of community
- Anticipate dedicated or shared space needs of adjunct service providers
- Construct isolated community spaces for separation of services, client privacy and respect
- Utilize design features that promote safety, health and a trauma informed treatment environment
- Utilize furnishings that are durable yet comfortable, and easy to secure, clean and sanitize

### SAFETY

#### Core Value

The safety of staff, clients, friends, families, and the community is of utmost importance.

#### Objectives

- Ensure that staff, client and community safety is a key element of facility design
- Research and adopt safety best practices for design and operations
- Establish critical staffing requirements
- Hire and train staff who are compassionate and supportive of clients
- Identify and address external threats to clients, such as domestic violence, through partnership with other organizations
- Clearly define, support, and communicate safety protocols to staff and clients

<b>Core Services</b>	<b>Core Plus Services</b>
<ul style="list-style-type: none"> <li>Assessment and Triage</li> <li>Sobering</li> <li>Withdrawal Management (detox)</li> <li>Crisis Stabilization</li> <li>Residential Treatment</li> <li>Outpatient Stabilization</li> </ul>	<ul style="list-style-type: none"> <li>Outpatient Substance Use Treatment</li> <li>Outpatient Mental Health Treatment</li> <li>Supported Employment</li> <li>Drop-in Center (Flex space)</li> </ul>
<b>Co-Located Services</b>	<b>Community Partner Provided Services</b>
<ul style="list-style-type: none"> <li>Medical Care</li> <li>Dental Care</li> <li>Supported Housing</li> <li>Benefits and Transportation Assistance</li> <li>Pharmacy</li> <li>Hawthorn Walk-In Center</li> <li>County Behavioral Health Staff</li> </ul>	<ul style="list-style-type: none"> <li>Social Services</li> <li>Primary healthcare services</li> <li>Education / Family Support</li> <li>Animal Care</li> <li>Family Justice / Legal Services</li> <li>Many others....</li> </ul>

# Requests and Next Steps

- CATT newsletters: [CATT News and Publications \(washington.or.us\)](https://www.washington.or.us/catt)
- CATT [website](https://www.washington.or.us/catt)
- Future letters of support
  
- Board of Commissioners consideration of Feasibility Study Summer 2021



January 2021

 **Center for Addictions Triage and Treatment**  
A Feasibility Study

The **CATT Connection**

Stay up to date on the Washington County CATT with our periodic newsletter. [Email us](#) with your questions or suggestions for future editions.

[Visit our Website](#)

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**What is the CATT?**

The CATT (**Center for Addictions Triage and Treatment**) is a project led by the County's Behavioral Health Division to increase substance use disorder treatment capacity and create a comprehensive center for addictions treatment in Washington County. We are currently in phase one — conducting a feasibility study of the concept, which will be presented to the Board of Commissioners for consideration. This exciting program is being designed from the ground up to ensure it meets the needs of



# Questions/Comments

Contact: [Naomi\\_Hunsaker@co.Washington.or.us](mailto:Naomi_Hunsaker@co.Washington.or.us)



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