

TRADITIONAL AND HOME REMEDIES KNOWN TO CONTAIN LEAD



LEAD IN HOME AND TRADITIONAL REMEDIES

- Some of these remedies are highly toxic as they may contain lead compounds.
- The most common are brightly colored powders (red, orange and yellow) used by various cultures.
- These remedies are especially dangerous for young children and pregnant women because lead, a toxic metal, can cause learning and behavior problems.
- Public Health Authorities have discovered lead in the following home and traditional remedies:

Asia: China / Laos/ Hong Kong	
Remedy	Known Use
Ba Bow Sen	Hyperactivity
Chufong tokuwan aka "The Miracle Herb—Mother Nature's Finest."	Arthralgias, other pain headache, stiff neck, back pain
Cordyceps	Hypertension, diabetes
Hai Ge Fen (Sai Mei An)	Stomachache, ulcers
Ju Hua (Xyoo Fa)	Headaches, fever, dizziness
Mi Tuo Seng (Litharge, Galena)	Remove toxins and kill intestinal parasites
Minium (Red Lead)	Remove toxins and kill intestinal parasites
Pay-loo-ah	Rash, fever

South Asia: India, Pakistan, Sri Lanka	
Remedy	Known Use
Bali goli, ghasard	Stomach treatment
Deshi Dewa	Fertility
Gugglu	Maintaining healthy joints and heart
Jambrulin	Diabetes, sugar control
Kandu	Stomachache
Kohl (Surma, Saoott), Alkohl	Cosmetic, astringent for eye injuries, skin infections
Kustha	Disease of the heart, brain, liver, stomach
Sundari Kalp	Menopause, nutritional and stomach disorders

Middle East: Saudi Arabia, Egypt, Iran	
Remedy	Known Use
Al Murrah	Colic, stomachaches, diarrhea
Anzroot	Stomach problems
Bint al dahab, bint or bent dahab	Constipation, colic, diarrhea
Bokhoor (noqd)	Pleasant odor to calm infants
Cebagin	Teething powder
Farouk & Santrinj	Teething powder
Henna	Hair and skin dye
Kohl (Surma, Saoott)	Eye protection for children
Lozenna (food coloring)	Stomach upset

Latin America: Mexico, Dominican Republic	
Remedy	Known Use
Alarcon	Vomiting, colic, apathy, lethargy, (Spanish: "Empacho")
Albayalde	Same as Alarcon
Azarcon	Same as Alarcon
Coral	Same as Alarcon
Greta	Same as Alarcon
Liga	Same as Alarcon
Litargirio	Deodorant, foot fungicide, burn treatment
Maria Luisa	Same as Alarcon
Rueda	Same as Alarcon