

Money Management

The money management program is for individuals ages 60 and older and those 18-59 years of age with a disability. We help with tasks such as organizing financial papers, budgeting, paying bills, managing debt, banking, balancing checkbooks and filling out forms. Trained and certified volunteers meet with you at least once a month to help you get organized and keep your finances on track.

Oregon Project Independence

Oregon Project Independence (OPI) serves individuals ages 60 and older or anyone ages 19-59 with a physical disability (including dementia or Alzheimer's disease) who needs assistance remaining independent in their own homes. OPI provides limited in-home assistance with bathing, dressing, using the bathroom, housekeeping, doing laundry and preparing meals.

Meal Program and Nutrition

Washington County contracts with Meals on Wheels People to provide nutritious food via home delivery and meal sites. Weekday delivery is for homebound individuals ages 60 and older who are at risk of malnutrition and unable to go to a meal center. Special menus are available for those who require diabetic, soft, low cholesterol, low sodium or vegetarian food. There are several meal sites across Washington County that provide lunch on weekdays. Visit our website for locations.



Volunteer Opportunities

Advisory Council: Advise on policy, programs and actions that affect the delivery of services to seniors and veterans.

Benefits Enrollment Center: Screen individuals with low income to determine eligibility for core benefits and assist with the application process.

Gatekeeper: Train organizations in recognizing vulnerable seniors or people with disabilities who may need services.

Money Management: Help older adults and people with disabilities with financial tasks.

Personal Advocate: Assist isolated seniors in accessing and navigating services to help them remain independent.

SHIBA: Help seniors make informed choices about Medicare benefits.

Washington County Disability, Aging and Veteran Services

5240 NE Elam Young Pkwy, Suite 300, Hillsboro, OR 97124
www.co.washington.or.us/HHS/DAVS

1-855-673-2372 (toll-free)

WASHINGTON COUNTY Disability, Aging and Veteran Services

Key Services and Programs

We help older adults, veterans and people with physical disabilities access resources that address basic needs and enhance their quality of life.

Family Caregiver Support

Benefits Enrollment Center

Medicare Counseling

Options Counseling

Veteran Services

Money Management

Oregon Project Independence

Meal Program and Nutrition

Volunteer Opportunities



WASHINGTON COUNTY
OREGON

Department of Health and Human Services
Disability, Aging and Veteran Services

ADRC
Aging and Disability
Resource Connection
of OREGON

Family Caregiver Support

This program assists unpaid caregivers who are taking care of someone at home, overseeing their care in a facility or managing care long distance. We can help you cope with the challenges and meet the needs of family caregiving through information, referrals, training, durable medical equipment, support groups, individual counseling and paid short-term respite.

Benefits Enrollment Center

The Benefits Enrollment Center (BEC) helps people with low income ages 60 and older, as well as adults of any age who receive Social Security disability benefits. Eligibility for benefits depends on your monthly income, resources, assets, medical expenses and a few other factors. We can see if you are eligible for benefits such as SNAP (food stamps), Medicaid, energy assistance, property tax relief, prescription help and Medicare savings programs.

Medicare Counseling (SHIBA)

Senior Health Insurance Benefits Assistance (SHIBA) is one-on-one counseling to help those on or new to Medicare make informed choices about benefit plan options. Counselors are highly trained and certified volunteers. They work with you to review plan options, including Advantage Plans, Medigap supplemental insurance policies and prescription drug plans. They can assist in understanding a bill or fees charged, help file a grievance or appeal for a charge, explain timelines and circumstances for making changes in plans, and ensure you are receiving all possible benefits you may be eligible for.

Options Counseling

Options Counseling serves individuals ages 60 and older or anyone ages 18-59 with a physical disability (including dementia or Alzheimer's disease). Counselors provide you with information on long-term care resources, including in-home, community and residential services. The counselors can also give you information on housing, caregiver support, home repair, financial assistance, legal aid, elder abuse, durable medical equipment, mental health and a variety of other resources.



Veteran Services

We help veterans who served in any branch of the U.S. Armed Forces in an active capacity obtain the benefits they are eligible for. We also help families of deceased veterans. A highly trained Veteran Service Officer (VSO) will help determine what benefits you are eligible for. Benefits could include disability compensation, pension, survivor's pension, VA health care, education, training, vocational rehabilitation, employment services, life insurance and home loans.



1-855-673-2372

Toll-free. Talk to a real person!

Most services and programs are free to you. A few have income requirements, request a contribution on a sliding scale, or suggest an optional donation. Please call us for more information or visit our website at www.co.washington.or.us/HHS/DAVS.