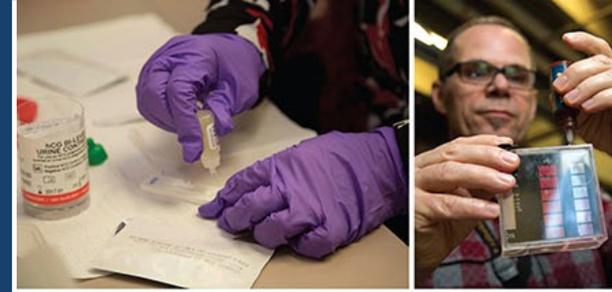


March 8, 2022

Washington County Public Health 2020-2023 Community Health Improvement Plan



WASHINGTON COUNTY
Public Health



Public Health
Prevent. Promote. Protect.



Healthy People, Thriving Communities

Washington County's 2020-2023 CHIP

The CHIP is a community plan for action that defines how Washington County HHS and community partners come together to improve health equity and address priority health issues



Washington County 2020-2023 CHIP

CHIP Foundational Goals:

Reduce health disparities

Improve health equity

Apply a racial equity lens and trauma informed principles to the CHIP structure and work.



CHIP Priorities:

Improve access to health care, including primary care, behavioral health and oral health services.

Improve behavioral health outcomes, including mental health, suicide and substance use.

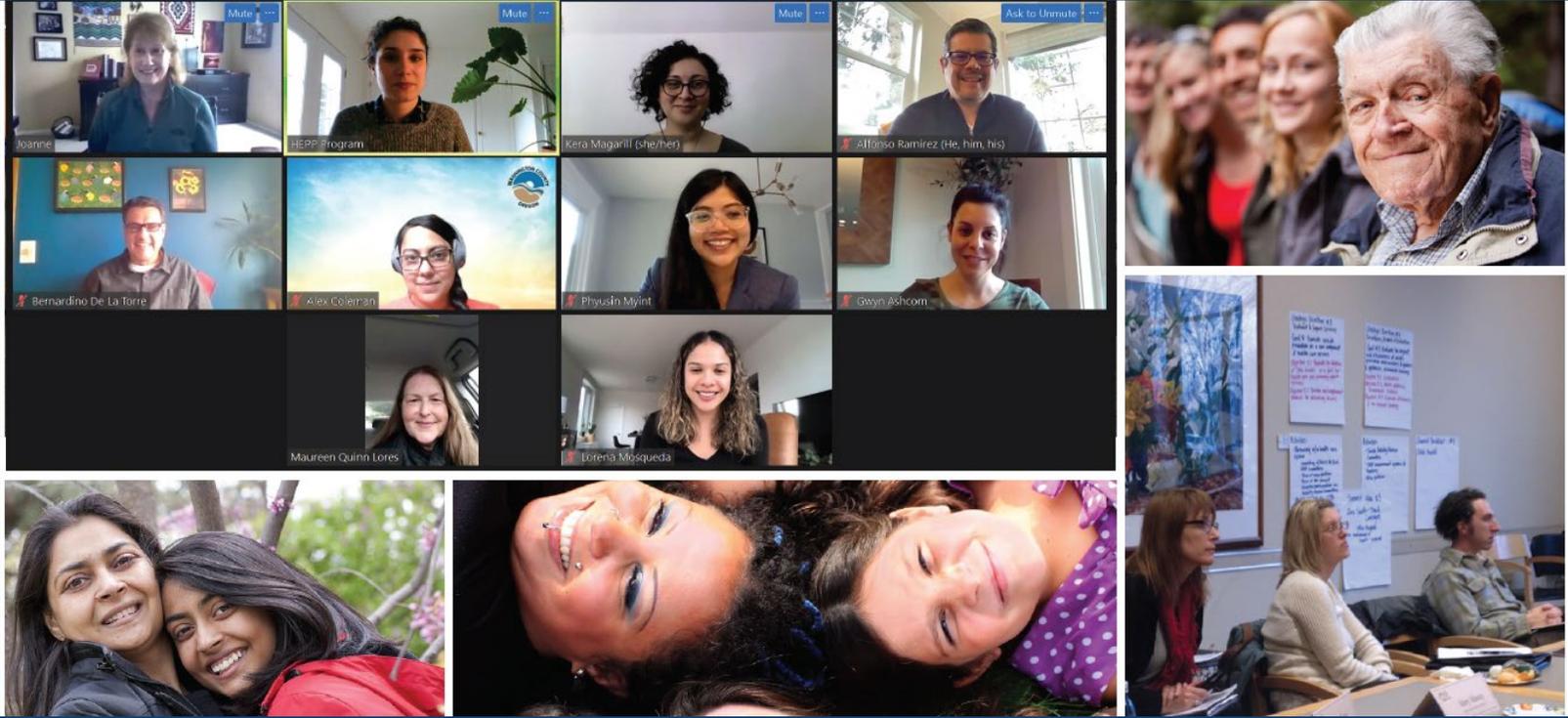
Build systems to improve well-being.

Vision

By collaborating to leverage community strengths and resources and honoring lived expertise, we support our community to improve our own health.



CHIP Leadership Team



Aging & Connection Committee

GOAL:

- To strengthen our community by cultivating a culture of collaboration, innovation and inclusion that
- supports belonging and connection throughout the aging process.

OBJECTIVES:

- • Increase awareness of the impact that loneliness and isolation have on the health of older adults in our community through community presentations, development and distribution of health literacy materials, and professional trainings.

SUP (Youth Substance Use Prevention) Committee

GOAL:

- Develop policies, systems and environments that promote healthy, substance-free youth.

OBJECTIVES:

- • Review school district policies relating to substance use; develop and disseminate evidence-based policy and prevention tools/resources.
- • Increase youth and family resiliency.
- • Assess community readiness and promote social norms to reduce youth substance use.
- • Leverage community partnerships to reduce youth access to substances, such as through social hosting.

Suicide Prevention Council

GOAL:

- Decrease the overall suicide rate in Washington County by 10% between 2018 and 2023 to a rate of 9.4 per 100,000 people.

OBJECTIVES:

- • Develop and implement a prevention and a postvention policy for Washington County community.
- • Integrate and coordinate suicide prevention activities across multiple sectors and settings.
- • Promote efforts to reduce access to lethal means of suicide among individuals with identified suicide risks.

Healthy Communities Committee

GOAL:

- Create and improve the physical and social environments in which people live, learn, work and play; enable communities and individuals to live life to their maximum potential.

OBJECTIVES:

- • Increase access to and awareness of affordable and healthy food, physical activity and chronic disease self-management opportunities through educational programs and resources.
- • Identify opportunities to incorporate health into community design processes and policies to support (1) access to healthy and affordable food, (2) opportunities for physical activity and (3) access to tobacco-free environments.

Access to Care Committee

GOAL:

- Improve access to and utilization of primary care, mental and behavioral health services and oral health services.

OBJECTIVES:

- • Ensure access to and utilization of reproductive and sexual health care for all people in Washington County by coordinating activities, resources and services.
- • Improve oral health access through patient education, referral coordination, closed loop referrals and community partner collaboration.
- • Improve access to harm reduction services, a key access touchpoint, to improve access to health care needs related to drug use, including mental health, sexual health and communicable disease like HIV/STIs and hepatitis.

ACES Committee

- Currently working towards re-launching the Adverse Childhood Experiences (ACEs)
- Steering committee is meeting, and will be working with an outside facilitator to engage in a strategic planning process
- Plan to launch the full committee in about six months

CHIP Community Grants Program

We are very proud of our staff and community for adapting to our current conditions during the pandemic. It had been a huge adjustment to move our programming virtually, assist families to learn how to use different technology (and learn ourselves), and continue to adapt our services to best serve the community. Everyone has been so willing to jump in and help and go beyond their comfort zones to learn and grow.

-Quote from grantee

2021-2022 CHIP Grantees

Grantee	Project
Adelante Mujeres & Familias en Accion	Health and Racial Justice Resources for Community Health Workers (CHWs)
Boys and Girls Club	Inukai Family Club Youth & Family Services
Lutheran Community Services	Culturally Responsive Therapy for Family and Child
Oregon Senior Peer Outreach	OSPO PEARLS: Program to Enhance Active Rewarding Lives for Seniors of Washington County
Tualatin Together	Juntos Construimos un Tualatin Resistente (Together we build a resilient Tualatin)
Virginia Garcia	Mobile Dental Outreach Events for Children Living in Affordable Housing

Current CHIP work

- Equity training and strategic planning
- Metrics Development
- New Committee Leadership

Questions?

