

# Appendix A

## Suggested Minimum List of First Aid Supplies For Standard Summer Organizational Camp Operations

### Office Supplies:

- Emergency Phone Numbers
- Cot, Stretcher, or materials to improvise a stretcher
- Pillow
- Emergency Blanket
- Blankets or Sleeping Bag
- Documentation Supplies including Bound & Numbered Treatment Log
- Health Forms
- Refrigerator
- Needles or Safety Pins
- Single-use Drinking Cups
- Facial Tissues / Paper Towels
- Current First Aid Manual
- Backboard
- Sharps and Biohazard Disposal Containers

### General Supplies:

- Alcohol Swabs
- Blood Pressure Cuff (Child & Adult)
- Cold Packs or Ice
- Resuscitator's Protective CPR Mask
- Eye Wash
- Single-use gloves – (Non-Latex)
- Soap – Liquid in a pump container
- Protective Face Shield
- Penlight
- Trauma Shears
- Splinter Forceps

- Stethoscope
- Thermometer
- Bloodborne Pathogen Bodily Fluid Cleanup Kit
- Sanitary Pads and Tampons

### Bandaging Supplies:

- Adhesive bandages, Assorted (Adhesive Strips, Knuckle, Large)
- Adhesive Tape – (1" & ½")
- Sterile Compresses (2x2" & 4x4")
- Antiseptic Solution
- Roller Bandages, 2-inch
- Universal Splint (or equivalent)
- Triangular Bandages /Arm Sling

### Medications:

- Aspirin
- Acetaminophen
- Ibuprofen
- OJ/Soda or Glucose Tabs
- Baking Soda
- Calamine Lotion
- Severe Allergic Reaction Response Kit – Epinephrine (Epi-Pen)
- Oral Antihistamine
- Topical Cream, Lotion or Ointment Antihistamine (for Ivy / Oak Poisoning, irritation)

**\*\*\* Some of these supplies may require a medical protocol to be developed by the consulting physician before they can be used.**