



Department of  
Health and Human Services



wcor.us/catt

## Frequently asked questions about the CATT (v. 11/2022)

CATT stands for Center for Addictions Triage and Treatment. It is a temporary name. The center will have a new name once it is open.

### **When will the center open?**

Our goal is to open in 2024 or early 2025. The CATT may open at first with fewer services. All services will be offered over time.

### **What services will be provided at the CATT?**

The CATT will have a variety of services. These include:

- Sobering
- Withdrawal management
- Transition supports
- Residential treatment
- Outpatient mental health and substance use treatment
- Peer drop-in services
- Housing navigation
- Health services
- Crisis services
- Washington County Behavioral Health

### **How much will services cost? Will the CATT take insurance?**

People will not be turned away due to their ability to pay. Services will be provided at no or low cost to the individual. Insurance will be billed whenever possible.

### **Where will the services be located?**

There will be two buildings, one in Hillsboro and one in Beaverton. Each building will offer different services. In Hillsboro, the Community Services Building will have outpatient services and supports. These services will include behavioral health treatment, health care, housing support, peer services and our existing Hawthorn Walk-In Center. The building will have several different providers all co-located in a single site.

Our Intensive Services Building in Beaverton will have inpatient support for people. This means people will check in and stay onsite during treatment. The range of time will vary from a few hours to several weeks.

### **What will treatment typically look like for people receiving services at the center?**

Treatment always begins with an assessment. This is so staff can determine the needs of that person. Some people can be supported in outpatient care, while others will need inpatient care while they withdraw from the substance. By having multiple levels of care within the same center, we hope to be able to connect a person to the right level of care quickly.

### **Will patients stay overnight?**

The Intensive Services Building will have several different programs where individuals stay overnight, sometimes for up to several weeks. It is common for people to stay:

- 4-12 hours in sobering
- 3-5 days in withdrawal management
- 2-4 days in transition services
- 30-90 days in residential treatment

The Community Services Building will not provide overnight care.

### **How many beds are being planned for the intensive services building?**

- Sobering: 16 beds
- Withdrawal management: 16 beds
- Transition: 10 beds
- Men's residential treatment: 24 beds
- Women's residential treatment: 20 beds

### **How were the proposed sites selected?**

Staff had a list of criteria for the buildings. This included size, general location and access to public transportation. A broker identified nearly 50 properties which staff reviewed against the criteria. Most properties would not work due to zoning or lack of public transportation nearby. Only two properties were found that met all the requirements for the two sites:

- Intensive Services Building: 17911 NW Evergreen Parkway, Beaverton
- Community Services Building: 5250 NE Elam Young Parkway, Hillsboro

### **Will there be onsite security?**

Both sites will have onsite security during the hours of operation. For the Intensive Services Building, security will be always available. The buildings are being designed with safety in mind. Local public safety staff are helping us make the space outside of the buildings safe for everyone. The buildings will be monitored with cameras and safety personnel.

### **What if there are safety issues when the CATT opens?**

We want to be a good neighbor and make sure the community is safe. We encourage neighbors to raise issues as early as possible so we can address them. Concerns can be emailed to

[CATT@washingtoncountyor.gov](mailto:CATT@washingtoncountyor.gov).

**Who are peers and how are they part of the CATT?**

Peers are in recovery from a substance use disorder. They have completed a certification program to be able to provide services. Peers are people who have “been there” and understand how hard it can be to stop using a substance. They can offer a perspective based on their own personal experience. Many people find talking to peers to be very helpful when they are trying to stop using substances. We plan to have peers working throughout the CATT, in as many services as possible.

**Will you serve people with criminal histories?**

We will serve anyone who wants to reduce or stop using substances. Some people are referred to treatment through the criminal justice system. Other people come from health care settings. Some people seek out services on their own. We will serve anyone no matter how they come to us. By making services easy to access, we hope to encourage people to live healthy and productive lives.

**If a person does not want ongoing treatment, how do you support them?**

Recovery is a journey that is unique to everyone. A person’s readiness for treatment may vary at times. Our approach is to develop a positive connection with each person we meet. When that person is ready for treatment, they can come back to the CATT for help. We will have peer mentors available so they can meet someone who has “been there” and who can provide support.

Even if a person does not want treatment, we will help them get to where they need to go. This may involve helping them with transportation or connecting them to other services.