

# Washington County Board of Commissioners Town Hall: Needs of Older Adults

| June 23, 2022



6:00 p.m.: Welcome & Orientation

6:15 p.m.: Staff Presentation by DAVS

6:40 p.m.: Q&A for Board of Commissioners

7:40 p.m.: Final thoughts and Thank You

Board of County  
Commissioners

[www.co.washington.or.us](http://www.co.washington.or.us)

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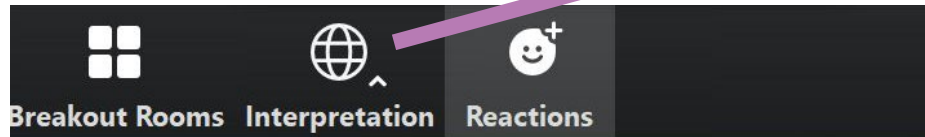
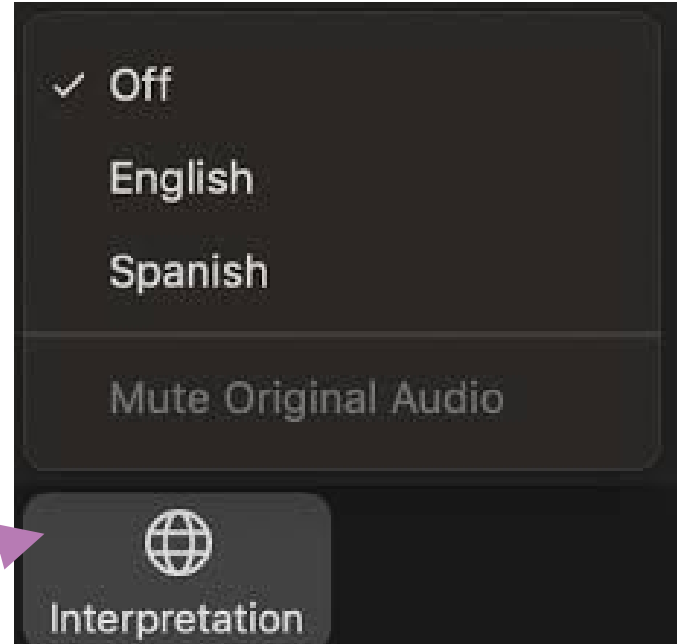
# Zoom Tutorial and Overview

Interpretation and engagement basics

# Zoom Set Up

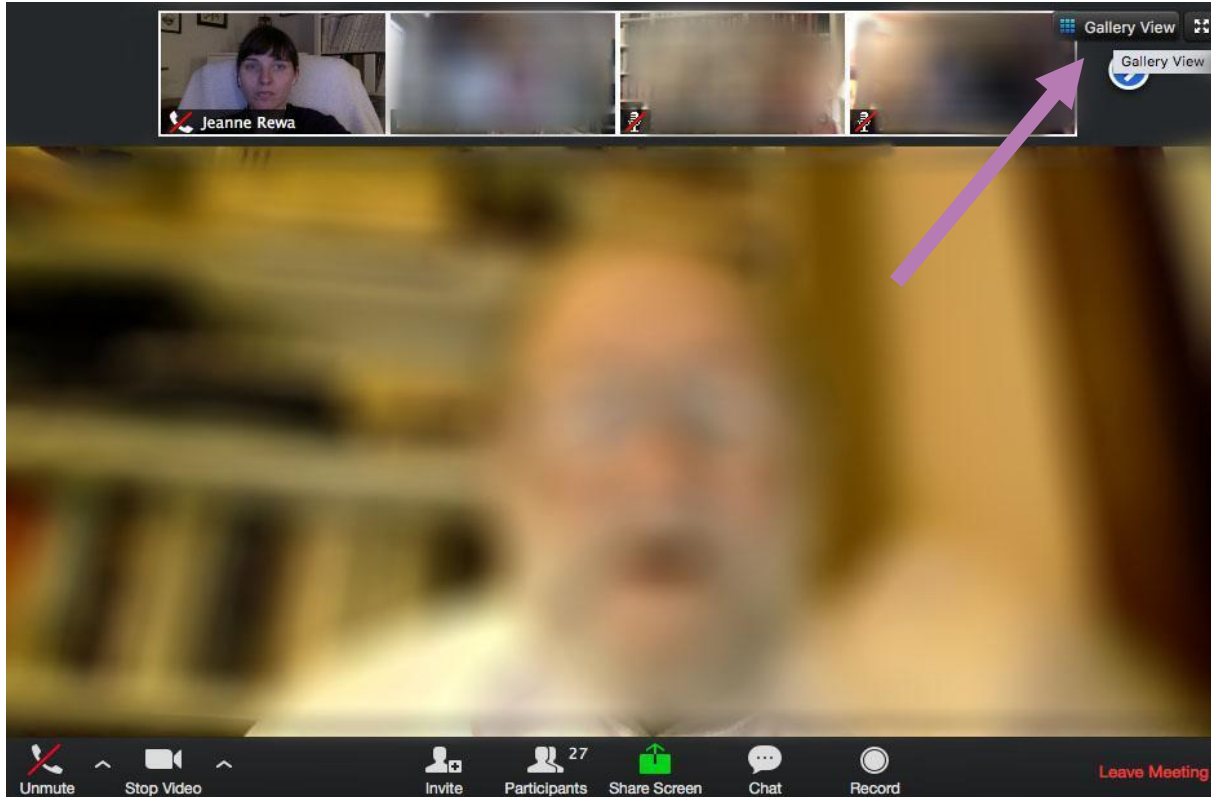
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For **Interpretation**  
click the language  
you would like to  
hear



# Zoom Set Up

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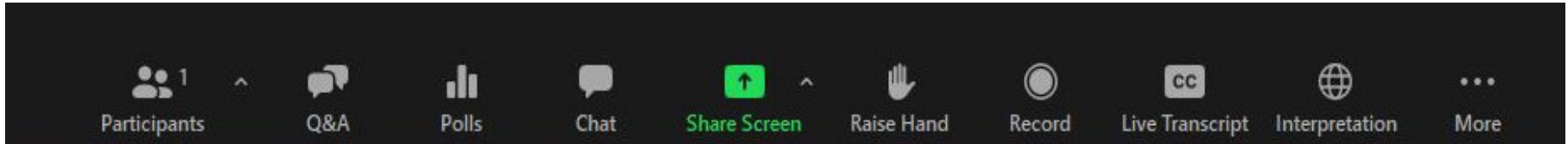


Change to **Gallery View** so you can see the speakers AND interpreters

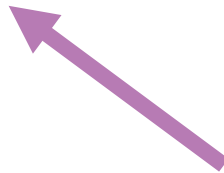
# Zoom Set Up

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Click **“Q&A”** to submit a question



Click **“Chat”** to use the chat box



# Land Acknowledgment

## **Washington County Land Acknowledgment**

*(as prepared by representatives of Confederate Tribes of Grand Ronde, Nez Perce, Siletz, and Yavapai)*

We want to acknowledge the people on whose land we live—the Atfalati-Kalapuyans also known as the Tualatin Band of Kalapuyans—the first inhabitants of Washington County. We are grateful for the land we are on, Kalapuyan land.

Signers of the Willamette Valley Treaty of 1855 were removed from their homelands to the Grand Ronde Indian Reservation. Today their descendants are tribal members of Grand Ronde and Siletz tribes, carrying on the traditions and cultures of their ancestors.

We acknowledge and express gratitude for the ancestors of this place and recognize that we are here because of the sacrifices forced upon them. In remembering these communities, we honor their legacy, their lives, and their continuation in our community. Please reflect on the role government has played in the painful, colonial history and reflect as well on the resilience and healing of the Indigenous land and communities.

We would like to invite everyone to collaborate and work together with the tribes to take care of the land and water and the people who inhabit these spaces.



# Town Hall Participation Information

Participate with intention

Appreciate diversity of perspectives

Maintain respectful space

Create opportunity for everyone to engage

Only one question or comment to make room for everyone



# Washington County Board of Commissioners



Chair Kathryn Harrington  
At Large



Commissioner Nafisa Fai  
District 1



Commissioner Pam  
Treece  
District 2



Commissioner Roy  
Rogers  
District 3



Commissioner Jerry  
Willey  
District 4





# Staff Presentation: Disability, Aging and Veteran Services



## **Rebecca Miller**

DAVS Supervisor/ Area Agency on Aging Director

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# Disability, Aging and Veteran Services



*Helping older adults, veterans and people with physical disabilities access information and resources that help maintain independence and enhance quality of life.*

June 23, 2022



WASHINGTON COUNTY  
OREGON

Department of Health and Human Services

# Who We Serve

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- People who live in Washington County
- People over 60 and their caregivers
- People over 55 and caring for a spouse or partner with dementia
- People over 18 with a physical disability
- Veterans and their families

## Special focus on:

- People living at or below 185% poverty level
- LGBTQ+ veterans and LGBTQ+ older adults
- Black, Indigenous and People of Color
- People aging with HIV+
- People experiencing language barriers



**WASHINGTON COUNTY**  
**OREGON**

Department of Health and Human Services  
*Disability, Aging and Veteran Services*

# Population Level Data

Approximately 590,000 residents total

- 19% are over the age of 60
- 9% are 85 or over
- Older adult population is growing and is overall less diverse than general population

10% overall experience a disability

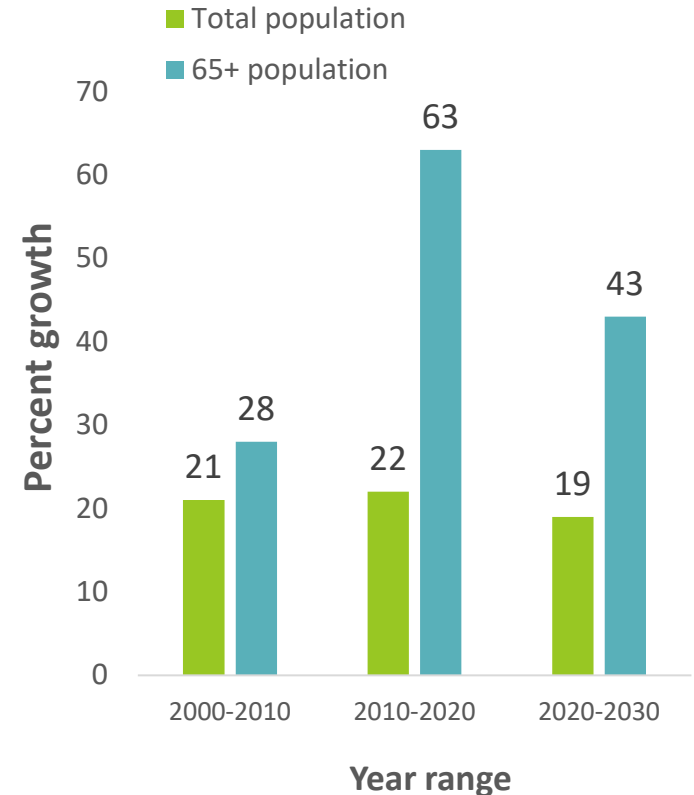
- Disability prevalence increases with age
- Greater proportion of American Indian and Alaska Natives experience a disability (14.7%)

7% overall are veterans

- 45% of veterans are older adults
- 33% served in Vietnam Era

American Community Survey 2015-2019 5 year estimates

## Growth Rate of Washington County's Aging Population



# Service Priorities by Population

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**Table 5. Top services provided by DAVS by respondent subgroup**

Service provided by DAVS	Respondent category				
	LGBTQIA +	Person of color	Veteran	Caregiver	Person with Disabilities
Accessible transportation	✓	✓	✓		✓
Veteran benefits			✓		✓
Managing chronic illness or pain		✓	✓	✓	✓
Getting enough food to eat				✓	✓
Legal services	✓		✓		✓
Coping with feelings of loneliness	✓				
Finding safe social activities	✓	✓		✓	
Keeping older adults safe from abuse and fraud	✓		✓		
Help with Medicare		✓			
Having services specific to my culture or identity		✓			
Help caring for a family member or friend				✓	
Support for me as a caregiver				✓	

# Key Services and Programs

Veteran Services

Information & Referral/Aging & Disability Resource Connection

In-Home Services for Aging Well at Home

Family Caregiver Support

Nutrition Services

Legal Assistance & Elder Rights Protection

Long-Term Care Options Counseling

Medicare Counseling

Training, Workshops and Public Education

System Navigation and Advocacy

# Information & Referral Services

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- One-stop phone and website for local services and programs to support older adults, people with disabilities and their loved ones
- Specially certified staff provide professional and timely support

[www.adrcoforegon.org](http://www.adrcoforegon.org)

1-855-673-2372

# Oregon Project Independence

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In-home supports for individuals who need some assistance to remain safely in their own homes.

- Provides 15-20 hours per month of professional caregiving assistance such as:
  - Bathing
  - Dressing
  - Laundry/housekeeping
  - Using the bathroom
  - Transportation
  - Meal preparation
  - Other needs





# Family Caregiver Support Program

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Assists unpaid caregivers who support family and chosen family members at home, oversee care in a facility, or manage care long distance. Also serves adults 55+ who are caring for children.



- Support groups
- Individual counseling
- Training opportunities
- Durable medical equipment
- Annual caregiver conference
- Limited paid respite care



# Nutrition Services

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- ❑ Nutritionally rich home-delivered meals
- ❑ Congregate meals
- ❑ Culturally-specific meals
- ❑ Nutritional risk assessments and connection to other services



# Legal Assistance and Elder Rights Protection

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- Public awareness of elder abuse in all its forms
  - Gatekeeper training to organizations
  - Cross-sector coordination
- Legal assistance and information
  - Oregon Law Center partnership
  - Additional classes and training on legal issues

# Long-Term Care Options Counseling

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An interactive process for older adults, family members and/or others to support decision-making for long-term care planning.

- ❑ In-home/residential care info
- ❑ Financial considerations
- ❑ Legal resources
- ❑ Housing options
- ❑ Home repair resources
- ❑ Durable medical equipment



# Medicare Counseling

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Provides individual counseling to help people make informed decisions about Medicare benefits and coverage.

- ❑ Review and compare Medicare plan options
- ❑ Understand bills and fees
- ❑ File grievances or appeals
- ❑ Free and independent



# Social Connection & Community

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Year-round classes and programs to promote social connection and well-being on a variety of topics through partnerships with community organizations, senior centers, libraries and more.

- ❑ LGBTQ awareness and support
- ❑ Suicide prevention
- ❑ Recreation and socializing
- ❑ Mindfulness
- ❑ Aging Mastery
- ❑ Buried in Treasure
- ❑ Death Café
- ❑ Age Café



# Veteran Services

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- <https://www.youtube.com/watch?v=PG9t0oj4ggA>



# Connection To Other Providers

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Disability  
services and  
programs

Employment  
support

Energy  
assistance

Homecare  
Workforce

Housing

Medicaid  
Long-Term  
Services

Mental health  
services

Senior centers

Social Security

Tax deferrals

Transportation

Veterans  
Administration

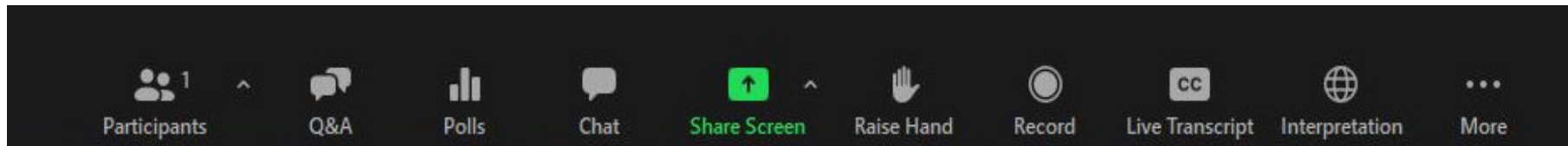




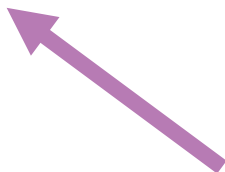
# Q&A Format

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Click **“Q&A”** to submit a question



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1-855-673-2372

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QUESTIONS?

thank  
you!

